

**513.615 Pastoral Care in Life's Crises**  
**Course Outline**

NQF Level: 6  
Credit Value: 15

**COURSE DESCRIPTION**

This course explores the foundations of pastoral care and pastoral approaches to significant life crises, including experiences of loss, death and dying, marriage and divorce, addictions, anxiety and depression, disability, sexuality, and gender identity.

**LEARNING OUTCOMES**

By the end of this course, the student should be able to:

1. Describe a range of ways in which a Christian carer may offer help in some of life's crisis situations.
2. Analyse pastoral issues and their contributing factors.
3. Practise proactive preventive preparation for the challenges of life's crises.
4. Demonstrate self-awareness and skills of reflective practice regarding some of their own personal crises.