

LIDLAW COLLEGE

Te Wananga Amorangi

910.615 Relational Psychology B Course Outline

NQF Level 6
Credit Value: 15

DELIVERY MODE

Auckland and Christchurch

COURSE DESCRIPTION:

This course introduces a working knowledge of the DSM-IV and explores its use and the effects of diagnostic labels that may foreclose on the possibility for change in relationships. The course develops counsellor understandings of a number of human experiences including those introduced in Relational psychology A, relational abuses including sexual, eating disorder, addictions, and suicide. The course seeks to assist students to integrate these understandings into their professional practice.

LEARNING OUTCOMES:

1. Evaluate key elements of an epistemological model that integrates a theology of redemption with concepts of tragedy and brokenness.
2. Articulate an appropriate counselling understanding of psychiatric and psychosomatic difficulties, and how the counsellor is positioned in relation to these counselling-related issues.
3. Demonstrate an appropriate counsellor understanding of the DSM-IV classification.
4. Engage with counselling, ethical, and theological perspectives on addiction, abuse, depression, and the spiritual dimension.