

LIDLAW COLLEGE

Te Wananga Amorangi

910.515 Relational Psychology A Course Outline

NQF Level 5
Credit Value: 15

DELIVERY MODE

Auckland and Christchurch

COURSE DESCRIPTION:

Persons-in-relationship not only find their ultimate joy in relationships but also their deepest insecurities and brokenness. This course proposes a theoretical and theological framework that views brokenness in relationality as an important contributing factor to disorder. Upon this theoretical ground, the course introduces a range of human experiences including sexuality, grief, and depression that are foundational to counsellor understanding of how people heal and grow.

LEARNING OUTCOMES:

1. Identify how a relational understanding of personhood would impact an understanding of healthy relationality.
2. Discuss emotionality and personal responses in the light of recent neuro-scientific understandings.
3. Be able to describe the characteristics of gender and sexuality, and discuss these issues from a theological perspective.
4. Describe key features and initial practice considerations of a range of human responses to difficulties.