

## **LIDLAW COLLEGE**

*Te Wananga Amorangi*

### **905.715 Integrated Practice (B) Course Outline**

NQF Level: 7

Credit Value: 15

#### **DELIVERY MODE**

Auckland and Christchurch

#### **COURSE DESCRIPTION:**

The hope of the therapeutic relationship is the restoration of people's understanding of themselves as persons-in-relationship, and their freedom to love and trust in ways that are creative, adventurous, embracing, life-giving and expansive. The sixth course in the core counselling practice development stream helps students further develop and apply a meta-theory of integration that allows them to plumb key psychological and theological insights, personal experience and style, and practices drawn from a range of modalities. It combines practice with theoretical and theological reflection within a group process setting.

#### **LEARNING OUTCOMES:**

1. Critically reflect upon one's integrated approach to relational counselling.
2. Further develop and apply a meta-theory for the integration of theology and counselling in way that avoids reductionism.
3. Analyse and evaluate contributions and responses to participation in group process workshops.
4. Demonstrate professionally-competent counselling practice.