

## **LIDLAW COLLEGE**

*Te Wananga Amorangi*

### **903.615 Relational Theories and Practice (B) Course |Outline**

NQF Level: 6  
Credit Value: 15

#### **DELIVERY MODE**

Auckland and Christchurch

#### **COURSE DESCRIPTION**

People are formed through their relational encounters and the social discourses that guide these. Persons-in-relationship are also “storied” people – stories give shape and meaning to their worlds and experiences. The fourth course in the core counselling practice development stream develops students’ knowledge of personhood and practice skills within a narrative therapeutic framework.

#### **LEARNING OUTCOMES:**

1. Critically evaluate the main theoretical concepts of narrative therapy.
2. Formulate an appropriate theological critique of narrative therapy; including its potential contributions to a relational approach to counselling, and its limitations.
3. Apply the foundational understanding and practices of the main narrative therapeutic techniques in a counselling conversation.
4. Demonstrate maturing relational engagement in a group process workshop.