

LIDLAW COLLEGE

Te Wananga Amorangi

902.615 Relational Theories and Practice (A) **Course Outline**

NQF Level: 6
Credit Value: 15

DELIVERY MODE

Auckland and Christchurch

COURSE DESCRIPTION

Key to a relational approach to counselling is the therapeutic relationship, or encounter, during which counsellor and client create a relational canvas upon which the change and growth can be sketched and explored. This third course in the core counselling practice development stream expands the student's understanding of this *encounter*, and introduces narrative therapy as a means of assisting people to engage the social dimension of their lives. It explores the place of "story" in personal meaning-making, and advances skill development in a classroom and the group process workshop.

LEARNING OUTCOMES

1. Articulate an integrative approach to relational counselling, making links with God's triunity and human relationality.
2. Evaluate the key theories and practices that underpin narrative therapy.
3. Demonstrate the foundational practices of narrative therapy.
4. Demonstrate skills of relational engagement in a group process workshop.