

LIDLAW COLLEGE

Te Wananga Amorangi

901.515 Foundations of Relational Practice (B) Course Outline

NQF Level 5
Credit Value: 15

DELIVERY MODE

Auckland and Christchurch

COURSE DESCRIPTION

This second course in the core counselling practice development stream enriches the student's understanding of "person-in-relationship", by combining theological and theoretical reflection, with deepening person-centred and associated skill development and group process workshop. It enriches the student's ability to consider such issues as anxiety and depression.

LEARNING OUTCOMES

1. Identify and demonstrate aspects of relational encounter including ways of engaging another's emotions, cognitions, and relational stance.
2. Identify complementary therapeutic practices in service of person-centred therapy engagement.
3. Demonstrate, in a counselling conversation with a peer, developing person-centred therapy practices in readiness for counselling agency placement.
4. Demonstrate developing awareness of self and otherness (relational impact) in a group process workshop.