

LIDLAW COLLEGE

Te Wananga Amorangi

BACHELOR OF TEACHING (PRIMARY) & WORLDVIEW STUDIES

864.515 Health and Physical Education Course Assessment and Delivery Outline

Campus: Auckland

Lecturer: PTF

Semester 1, 2015

NQF Level: 5, 15 credits

CONTENT OVERVIEW

- a. The philosophical investigation of Christian worldview and its relationship to Health and Physical Education;
- b. Health and Physical Education in the New Zealand primary education sector as prescribed by *the New Zealand Curriculum (2007)*;
- c. Pedagogical approaches to the teaching of Health and Physical Education;
- d. Education Outside The Classroom (EOTC);
- e. The nature of wellbeing in the classroom and beyond;
- f. Aspects of wellbeing; mental health, sexual health, body care and physical safety, physical activity, and sports studies including swimming;
- g. Home Economics – food and nutrition.

ASSESSMENT TASKS AND DUE DATES

- Unit overview & PE/EOTC lesson plans 40%
(Learning Outcomes a-e)
Due Date: 16 March 2014
- Children's health issue presentation 30%
(Learning outcomes a, b, f, g)
Due Date: 13 March 2014
- Participation requirements 30%
(Learning outcomes a, b, c, d, f)
Due Date: 16 March 2014

GRADING CRITERIA

See attached Cover Sheets for each of the above assignments

EXPECTED ALLOCATION OF STUDY HOURS

Class time	90 hours
Self directed learning & assessment	60 hours
Total	150 hours

BIBLIOGRAPHY

Johnson, P. (1987). *Spiritual secrets to physical health*. Texas, Word Books

Hay, P., & Penney, D. (2012). *Assessment in physical education: A sociocultural perspective*. London: Routledge.

Hillary Commission (1997). *Kiwi sport: Fundamental skills*. Wellington: Hillary Commission for Sport, Fitness & Leisure.

Hopper, B; Grey, J; Maude, T. (2000). *Teaching physical education in the primary school*. London: Routledge.

Ministry of Education (2007). *Physical activities for healthy confident kids: Guidelines for sustainable physical activity in school communities*. Wellington: Learning Media.

Rae, T. & Pederson, L. (2007). *Developing emotional literacy with teenage boys: building confidence, self-esteem and self-awareness*. London: Paul Chapman.

White, J. (2011). *Exploring well-being in schools: a guide to making children's lives more fulfilling*. London: Routledge.

Other resources:

Ministry of Education documents

www.tki.org.nz

www.safeoutside.org

www.watersafety.org.nz

www.eonz.org