

LIDLAW COLLEGE

Te Wananga Amurangi

513.615 Pastoral Care in Life's Crises Course Assessment and Delivery Outline

Campus/Delivery Mode: Distance Learning

Semester 1, 2015
NQF Level: 6, 15 credits

CONTENT OVERVIEW:

Pastoral Skills and Methods:

Relational skills; the role of empathy, and listening skills in pastoral care
Some mechanics of care; administration and record-keeping
Pastoral care as an equipping ministry
The place of small groups and teaching in pastoral care
Pastoral care through chaplaincy

Pastoral Care in Particular situations:

Persons with special needs and permanent disabilities
Depression and suicide
Eating and drinking disorders
Abused and Abusive Individual and Families
Psychological Disorders
Guilt, Forgiveness and Reconciliation
Work Related Difficulties

ASSESSMENT TASKS AND DUE DATES:

Participation in the Online Discussion Forum

Learning Outcomes: 1, 3, 5
Due Dates: Midnight Sunday end of semester weeks 2, 4, 6, 8, 10, 11
Percentage Weighting: 35%
Word Count: As specified below

In lessons 2, 4, 6, 8, 10 and 11 you will find assessment exercises which require you to post a response of 300 words on the Online Discussion Forum to a question about some aspect of that lesson. In addition to your initial posting, you will be required to make at least one further posting of at least 50 words, which interacts with what your online tutor and other students have said. The second posting for each assessment exercise must be within 7 calendar days of the due date for the initial posting.

Case Study / Analysis of a Personal Crisis -

Learning Outcomes: 1, 2, 3, 5
Due Date: Midnight Sunday end of semester week 7
Percentage Weighting: 25%
Word Count: 1000

EITHER:

1. Choose an actual pastoral situation that you are involved in or know about (disguise names, places, etc) and write a summary of the situation (i.e. what is happening, who is involved, what the needs are etc.). You may draw on a past situation if you wish.

2. Describe the pastoral response to that situation (what was actually done / what is being done).
3. Evaluate the pastoral response carefully (e.g. How did it meet the real needs of those involved? Was it designed to produce personal-spiritual growth? How was God brought into the situation? What else could be done?).
4. Identify in about 100 words ways in which your attitudes have been influenced by encountering this experience or by reflecting upon it. For instance, how has it affected your attitudes to ministry? to people with particular needs? to your own difficulties and challenges?

OR

ALTERNATIVELY, analyze a personal crisis (or a long-term difficulty) you have faced and the lessons contained in it for yourself and for pastoral care. You may like to utilise some of the questions / sections described above.

Note: Only a short bibliography is required, identifying 3 books or articles which have been helpful in addressing or understanding the crisis concerned.

Topical Essay

Learning Outcomes: 1, 2, 3, 4
Due Date : Midnight Sunday end of Study Week 1
Percentage Weighting: 40%
Word Count: 2000

Choose ONE of the following 3 topics and write an essay of 2000 words. Please note that the bibliographies listed here are indicative only, and you are not necessarily expected to read all the material listed in these bibliographies, but you will need to read and research beyond these lists in preparation for your essay. Your essay should show serious interaction with the reading you have done in preparation for writing this essay. You should expect to interact with at least 6 different resources.

1. Describe briefly some of the common characteristics of *dysfunctional families*. Discuss appropriate ministries to adults who have been raised in such families. (If you wish, you may narrow down the type of family background discussed. For example, you may wish to write about adult children of alcoholics, or children of divorce, or those with an abusive background. If so, indicate this in your essay title.)

Indicative Bibliography:

Allender, Dan. *The Wounded Heart*. Colorado Springs, CO: Nav Press, 1990.

Carder, D. et al. *Secrets of Your Family Tree*. Chicago, IL: Moody Press, 1990.

Conway, J. *Adult Children of Legal or Emotional Divorce*. Downers Grove, IL: IVP, 1990.

Collins, G. *Christian Counselling*. Nashville, TN.: Thomas Nelson, 2007.

Crago, H. *Couple, Family and Group Work*. Berkshire: Open University Press, 2006.

Goldenberg, I and H. *Family Therapy: A Overview* (6th edition). Los Angeles: Brooks/Cole, 2004.

Hancock, M. and K. Burton Maines. *Child Sexual Abuse: A Hope for Healing*. Wheaton, IL: Harold Shaw, 1987.

- Heitritter, L. and J. Vought. *Helping Victims of Sexual Abuse*. Minneapolis, MN: Bethany House, 1989.
- Hemfelt, R. et al. *Love is a Choice*. Nashville, TN: Thomas Nelson, 1989.
- Laaser, Debra. *Shattered Vows: Hope and Healing for Women who have been Sexually Betrayed*. Grand Rapids, MI.: Zondervan, 2008.
- Mellody, Pia. *Facing Co-dependency*. London: Harper and Row, 1989.
- Osherson, S. *Finding Our Fathers*. New York: Ballantine, 1986.
- Payne, Leanne. *The Healing Presence*. Wheaton, IL: Crossway Books, 1989.
- Payne, L. *Restoring the Christian Soul Through Healing Prayer*. Wheaton, IL: Crossway Books, 1991.
- Riordan, R. and D. Simone. "Co-dependent Christians: Some Issues for Church Based Recovery Groups." In *Journal of Psychology and Theology* 21 (Summer 1993): 158-164.
- Sell, C. *Unfinished Business: Helping Adult Children Resolve Their Past*. Portland, OR: Multnomah, 1989.

2. Suppose that you are the leader of a caring team in a multi-cultural NZ church, and that you are asked to write a 1,500 to 2,000 word leaflet on "*Cross-cultural Caring and Counselling*". Explain what would you incorporate into the leaflet and why.

Indicative Bibliography:

- Arbuckle, G. *Earthing the Gospel: An Interculturation Handbook for Pastoral Workers*. London: Geoffrey Chapman, 1990.
- Augsburger, D. *Pastoral Counselling Across Cultures*. Philadelphia, PA: Westminster, 1986.
- Hesselgrave, D. *Counseling Cross-culturally*. Grand Rapids, MI: Baker, 1984.
- Hunter, R., ed. *Dictionary of Pastoral Care and Counseling*. Nashville, TN: Abingdon, 1990. Useful entries under "Cultural and Ethnic Factors"; "Cross-cultural Pastoral Care"
- Lingenfelter, S.G. and M.K. Mayers. *Ministering Cross-culturally*. Grand Rapids: MI: Baker, 1986.
- Martin, Lloyd. *One Faith, Two Peoples*. Paraparaumu Beach: Salt Company Publishers, 1991.
- Metge, J. and P. Kinloch. *Talking Past Each Other*. Wellington, NZ: Victoria University Press, 1978.
- Ponterotto, J. et al (eds). *Handbook of Multi-cultural Counseling*. London: Sage, 1995.
- Smith, Donald. *Creating Understanding: A Handbook for Christian Communication Across Cultural Landscapes*. Grand Rapids, MI: Zondervan, 1992.

Van Beek, A.M. *Cross-cultural Counseling*. Minneapolis, MN.: Fortress, 1996.

3. Identify the distinctive elements in a *Family Systems* approach to counselling. Describe in some detail strategies which might be utilised to assist a Christian family which is experiencing regular conflict between its teenage young people and their parents.

Indicative Bibliography:

Breunlin, D. *Metaframeworks: Transcending the Models of Family Therapy*. San Francisco, CA: Jossey-Bass, 1992.

Clinebell, H. *Basic Types of Pastoral Care and Counselling*. London: SCM, 1984.

_____ *Contemporary Growth Therapies*. Nashville, TN: Abingdon, 1981.

Collins, G. *I Believe in the Family*. London: Hodder and Stoughton, 1996.

Collins, G. *Christian Counselling*. Waco, TX: Word, 1988.

Kramer, Jeanette. *Family Interfaces*. New York: Brunner/Mazel, 1985.

McGoldrick, Monica. *Genograms in Family Assessment*. New York: Novtin, 1985.

Olsen, David. *Integrative Family Therapy*. Minneapolis, MN: Fortress, 1993.

Rekers, George. *Counseling Families*. Waco, TX: Word, 1988.

Satir, Virginia. *Conjoint Family Therapy*. London: Souvenir Press, 1978.

CRITERIA FOR ASSESSMENT

Participation in the Online Discussion Forum

Before beginning your first online discussion, please see the grading grid (rubric) on the “online discussion grading guide and indicative mid-semester feedback” for further details on how these criteria will be applied.

- Engagement with material
- Constructive engagement with others
- Structure and presentation
- Timeliness

Case Study / Analysis of a Personal Crisis

- Perception used in analysing the problem, and the capabilities of the pastoral care persons involved
- Ability to evaluate the pastoral care response according to the criteria given in the question
- Ability to present further suggestions as to what might be done
- Clear identification of the ways the crisis, and reflection upon it, has influenced student’s attitudes. 3 helpful books or articles identified
- Communication and Presentation: Clarity, format, spelling, grammar; annotation and bibliography

Topical Essay

- Essay addressed to the topic
- Adequate depth of treatment (all key elements of the topic are identified and discussed, supportive data and arguments reinforce major points)
- Sources used effectively (appropriate use and application of literature, awareness and judicious quoting of important authorities – at least 6 sources should be referenced)
- Understanding of alternative views/approaches/traditions demonstrated
- Communication and Presentation: Clarity, format, spelling, grammar; annotation and bibliography

LEARNING HOURS:

513.615 is a 15 credit course consisting of 150 learning hours. The assignment tasks and learning hours are as follows:

Course Material Study	60 hours
Participation in Online Discussion Forum	20 hours
Case Study/Analysis of personal crises	30 hours
Topical Essay	40 hours
Total:	150 hours

Although this guideline regarding learning hours is not intended to be applied rigidly, it should help ensure a balanced workload.

TEXTBOOKS

Required Textbooks

Stairs, Jean. *Listening for the Soul*. Minneapolis: Fortress Press, 2000.

Jacobs Michael. *Swift to Hear*. London: Darton, Longman and Todd, 1999.

BIBLIOGRAPHY

Recommended Books for Further Reading (please note that this is an extensive bibliography, but is provided as a resource for your ongoing ministry, as well as for your studies)

Adair, John. *How to Find Your Vocation*. Norwich, UK: SCM - Canterbury Press, 2002.

Adams, Douglas E. *Children Divorce and the Church*. Nashville: Abingdon, 2002.

Augsburger, David. *Cross Cultural Counseling*. Philadelphia: Westminster Press, 1986.

Augsburger, David. *Helping People Forgive*. Louisville: Westminster John Knox, 1996.

Bagby, Daniel. *Crisis Ministry: A Handbook*. Macon, GA.: Smyth and Helwys, 2007.

Benner, David. *Strategic Pastoral Counseling: A Short-Term Structured Model*. Grand Rapids, MI: Baker, 1992.

Buxton, Graham. *Dancing in the Dark*. Cumbria: Paternoster, 2001.

Calhoun, Gerald J. *Pastoral Companionship*. New York: Paulist Press, 1986.

- Carr, Wesley. *Handbook of Pastoral Studies*. London: SPCK, 1997.
- Chant, Barry. *Walking with a Limp; a charismatic approach to suffering*. Adelaide: Openbook, 2002.
- Ciarrocchi, Joseph W. *A Ministers Handbook of Mental Disorders*. New York: Integration Books, Paulist Press, 1993.
- Cloud, Henry and John Townsend. *Boundaries in Marriage*. Sydney: Strand, 1999.
- Collins, Gary. *The Biblical Basis of Christian Counselling for People Helpers*. Colorado Springs, CO: Navpress, 1993.
- Collins, Gary. *Christian Counseling*. Dallas, TX: Word, 1988.
- Couture, Pamela D. and Rodney J. Hunter, eds. *Pastoral Care and Social Conflict*. Nashville: Abingdon, 1995.
- Crabb, Lawrence. *Understanding People*. Melbourne: S. John Bacon, 1987.
- Culbertson, Philip, L. *Counseling Men*. Minneapolis: Fortress, 1994.
- Cuthbertson, Philip. *Caring for God's People*. Minneapolis: Fortress Press, 2000.
- Dann, Bucky. *Addiction, Pastoral Responses*. Nashville: Abingdon, 2002.
- Dasher, Jane E. "Manna in the Desert", in Moessner, J. Stevenson (Ed) *Through the Eyes of Women*. Minneapolis: Fortress, 1996.
- Dawn, Marva. *The Unnecessary Pastor*. Grand Rapids: Eerdmans, 2000.
- De Paula, J Raymond. *What we know and What You Can do about Depression*. New York: John Wiley and Sons, 2002.
- Dittes, James E. *Driven by Hope, Men and Meaning*. Louisville: Westminster John Knox, 1996.
- Dittes, James E. *Men at Work, Life Beyond the Office*. Louisville: Westminster John Knox, 1996.
- Egan, Gerard. *The Skilled Helper*, 6th Edition. Pacific Grove CA: BrooksCole, 1998.
- Everett, Craig, ed. *Divorce and the Next Generation; Perspectives for Young Adults in the New Millennium*. New York: Hawthorn Press, 2001.
- Figley, Charles R., and McCubbin, Hamilton I. eds. *Stress and the Family Volume 2: Coping with Catastrophe*. New York: Brunner/Mazel, 1983.
- Fowler, James W. *Faith Development and Pastoral Care*. Minneapolis: Fortress Press, 1987.
- Friberg, Nils C. and Mark R. Lasser. *Before the Fall*. Collegeville: The Liturgical Press, 1998.
- Gerkin, Charles. *Introduction to Pastoral Care*. Nashville: Abingdon, 1999.
- Goodliff, Paul. *Care in a Confused Climate*. London: Darton, Longman and Todd, 1998.
- Groff, Kent Ira. *The Soul of Tomorrow's Church*. Nashville: Upper Room Books, 2000.
- Hart, Archibald et al. *Mastering Pastoral Counselling*. Portland, Oregon: Christianity Today, 1992.

- Hart, Archibald D. *Unmasking Male Depression*. USA: W Publishing Group, 2001.
- Hartman, Ann and Laird, Joan. *Family-Centred Social Work Practice*. New York: The Free Press, 1983.
- Harvey, Robert W. and David G. Benner. *Understanding and Facilitating Forgiveness*. Grand Rapids: Baker Book House, 1996.
- Hunter, Rodney, ed. *Dictionary of Pastoral Care and Counselling*. Nashville: Abingdon, 1990.
- Jacobs, Michael. *Still Small Voice*. London: SPCK, 2001.
- Jacobs, Michael. *Swift to Hear*, 8th impression. SPCK: London, 1994.
- Johnson, W. Brad and Johnson, William L. *The Pastor's Guide to Psychological Disorders and Treatments*. Birmingham, New York: Haworth Pastoral Press, 2000.
- Karson, Michael. *Patterns of Child Abuse*. Birmingham N.Y: Haworth Press, 2001.
- Kirkwood, Neville A. *Pastoral Care in Hospitals*. Sydney: E J Dwyer, 1995.
- Kirkwood, Neville A. *Pastoral Care to Muslims*. Oxford: Haworth, 2000.
- Koenig, Harold G. and Andrew J. Weaver. *Pastoral Care of Older Adults*. Minneapolis: Fortress, 1998.
- Koller, Charles. *Solution-focused Pastoral Counseling*. Grand Rapids, MI: Zondervan, 1997.
- Martin, Trevor. *Wholeness: The Whole Truth*. Basingstoke: Marshall Pickering, 1986.
- McGrath, Joanna, and Alister McGrath. *Self Esteem; the cross and Christian Confidence*. Leicester: Inter-Varsity Press, 2001.
- Meninger, William A. *The Process of Forgiveness*. New York: Continuum, 1996.
- Moran, Frances. *Listening, A Pastoral Style*. Alexandria: E. J. Dwyer, 1997.
- Mottram, Kenneth. *Caring for Those in Crisis: Facing Ethical Dilemmas with Patients and Families*. Grand Rapids, MI.: Baker Academic, 2007.
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- Patton, John. *Is Human Forgiveness Possible?* Nashville: Abingdon, 1985.
- Patton, John. *Pastoral Counselling, A Ministry of the Church*. Nashville: Abingdon, 1983.
- Reilly Williams, Donna and JoAnn Sturzl. *Grief Ministry, Helping Others Mourn*. San Jose: Resource Publications, 2001 Revised Edition.
- Rowatt, G. Wade. *Adolescents in Crisis: A Guidebook for Parents, Teachers, Ministers and Counsellors*. Louisville, KY: John Knox Press, 2001.
- Roukema, Richard W. *The Soul in Distress*. London: Haworth Press, 1997.
- Seibold, Myra. *Care for the Soul: Exploring the Intersection of Psychology and Theology*. Mark R. McMinn and Timothy R. Phillips (Eds). Downers Grove, Illinois: InterVarsity Press, 2001.

- Shelp, Earl E. and Ronald H. Sunderland. *Sustaining Presence, A Model of Caring by People of Faith*. Nashville: Abingdon, 2002.
- Smith, Gordon T. *The Voice of Jesus*. Downers Grove: IVP, 2003.
- Stevens, Paul and Phil Collins. *The Equipping Pastor: A Systems Approach to Congregational Leadership*. Washington DC: Alban Institute, 1993.
- Stevens, Paul and Michael Green. *Living the Story: Biblical Spirituality for Everyday Christians*. Grand Rapids: Eerdmans, 2003.
- Stone, Howard. *Brief Pastoral Counseling: Short-term Approaches and Strategies*. Minneapolis, MN: Fortress Press, 1994.
- Sturt, John and Agnus Sturt. *Created to be Whole*. Guildford, Surrey: Eagle, 1998.
- Swihart, J. and G. Richardson. *Counseling in Times of Crisis*. RFCC vol. 7. Waco, TX: Word, 1987.
- Ten Brook, Gretchen. *Broken Bodies, Healing Hearts, Reflections of a Hospital Chaplain*. New York: Haworth Press, 2000.
- Thomas, Frank and J. Cockburn. *Competency-Based Counseling: Building on Client Strengths*. Minneapolis, MN: Fortress: 1998.
- Tidball, Derek J. *Builders and Fools*. Leicester: Inter-varsity Press, 1999.
- Tidball, Derek. *Skilful Shepherds*. Downers Grove IL: IVP, 1986.
- Vandecreek, Larry, Ed. *Readings in Research Spiritual Needs and Pastoral Services*, Journal of Pastoral Care Publications, 1995.
- Van Pelt, Rich et al. *Youth Workers Guide to Helping Teenagers in Crisis*. Grand Rapids: Zondervan, 2005.
- Vanier, Jean. *Becoming Human*. Mahwah: Paulist Press, 1998.
- Vanier, Jean. *The Scandal of Service*. New York: Continuum Publishing, 1998.
- Wardle, Terry. *Healing Care Healing Prayer*. Orange: New Leaf Books, 2001.
- Weaver, Andrew J. *Counselling Families Across the Stages of Life*. Nashville: Abingdon, 2002.
- White, John. *The Shattered Mirror*. Leicester: Inter-Varsity, 1987.
- Willimon, William H. *Pastor: The Theology and Practice of Ordained Ministry*. Nashville: Abingdon, 2002.
- Wilson, Earl D. *Counselling and Guilt*, Dallas: Word, 1986.
- Woodward, J and Stephen Pattison. *The Blackwell Reader in Pastoral and Practical Theology*. Oxford: Blackwell Publishers, 2000.
- Wright, Frank. *Pastoral Care Revisited*. London: SCM, 1996.
- Wright, H. Norman. *The New Guide to Crisis and Trauma Counseling*. Ventura, CA.: Regal, 2003

Zurheide, Jeffrey R. *When Faith is Tested*. Minneapolis: Fortress Press, 1997.

The Following Materials Relate To Specific Pastoral Issues

Death and Grief

Creagh, Terry. *Give Sorrow Words*. Melbourne: JBCE, 1982.

Duffy, Wendy. *Children and Bereavement*. London: National Social Church House, 1995.

Kohner, Nancy and Alix Haley. *When a Baby Dies: The Experience of Late Miscarriage, Stillbirth, Neo-natal Death*. London: Thorsen's, 1997.

Malphurs, Aubrey and Keith Willhite. *A Contemporary Handbook for Weddings, Funerals and Other Occasions*. Grand Rapids, MI.: Kregel, 2003.

McFarlane, Doreen. *Funerals with Today's Families in Mind*. Cleveland, Pilgrim, 2008.

Meeks, Blair-Gilmore. *Standing in the Circle of Grief: Prayers and Liturgies for Death and Dying*. Nashville, TN: Abingdon, 2002.

Richards, Lawrence and P. Johnson. *Death and the Caring Community*. Portland, OR: Multnomah, 1978.

Understanding Tangihanga. Wellington: Working Life Communications, 1990.

Westburg, Granger. *Good Grief*. Melbourne: JBCE, 1962.

Depression

Anderson, N & H. Baumchen. *Finding Hope Again: Overcoming Depression*. Ventura, CA.: Regal, 1999.

Baker, Don and Emery Nester. *Depression: Finding Hope and Meaning in Life's Darkest Shadow*. Portland, OR: Multnomah, 1983.

Hart, Archibald. *Coping with Depression in the Ministry and Other Helping Professions*. Waco, TX: Word, 1984.

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Lloyd-Jones, D.M. *Spiritual Depression*. London: Pickering & Inglis, 1965.

Stone, Howard. *Depression and Hope*. Minneapolis, MN: Fortress, 1998.

White, John. *The Masks of Melancholy*. Downers Grove, IL: IVP, 1982.

Alcoholism and substance abuse issues

Arterburn, Stephen. *The Life Recovery Workbook*. Carol Stream, ILL.: Tyndale, 2007.

Blackwood, Devon. *Beyond the Lingo: Working Through Recovery Concepts: A Guide for Addicted Persons and Their Families*. Nashville, TN.: Cold Tree, 2003.

Beattie, Melody. *Co-dependent No More*. San Francisco, CA: Harper, 1987.

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- Fish, Melinda. *I Can't be an Addict – I'm a Christian*. Grand Rapids, MI.: Spire, 1999.
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- Lessa, Nicholas and Walter Scanlon. *Substance Use Disorders*. Wiley Concise Guides to Mental Health series. Hoboken, N.J.: Wiley, 2006.
- Matto, Michele. *The Twelve Steps in the Bible: A Path of Wholeness for Adult Children*. New York: Paulist, 1992.
- Morreim, R. *The Road to Recovery: Bridges Between the Bible and the Twelve Steps*. Minneapolis, MN: Augsburg, 1990.
- Scott, Tom and Trevor Grice. *The Great Brain Robbery: What Everyone Should know About Teenagers and Drugs*. Wellington, NZ: Publishing Trust, 1996.

Marriage and Sexuality

- Carter, Les. *Grace and Divorce: God's Healing Gift to Those Whose Marriages Fall Short*. San Francisco, CA.: Jossey-Bass, 2005.
- Gushee, David. *Getting Marriage Right*. Grand Rapids, MI.: Baker, 2004
- Malphurs, A. and K. Willhite. *A Contemporary Handbook for Weddings, Funerals and Other Occasions*. Grand Rapids, MI: Kregel, 2003.
- Earle, Ralph and Mark Laser. *The Pornography Trap: Setting Pastors and Laypersons Free From Sexual Addiction*. Kansas City: Beacon Hill, 2008.
- Laaser, Mark. *Healing the Wounds of Sexual Addiction*. Grand Rapids, MI.: Zondervan, 2004.
- Malphurs, A. and K. Willhite. *A Contemporary Handbook for Weddings, Funerals and Other Occasions*. Grand Rapids, MI: Kregel, 2003.
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- Stevens, Paul. *Getting Ready for a Great Marriage*. Vancouver: Regent Bookstore, 1996.
- Sturt, John and Agnus Sturt. *Mentoring For Marriage: A Resource Manual for Pastors, Counsellors and Couples*. Auckland: Daystar, 2004.
- Taylor, Charles. *Premarital Guidance*. Minneapolis, MN: Fortress, 1999.
- VanGoethem, Jeff. *Living Together: A Guide to Counseling Unmarried Couples*. Grand Rapids, MI.: Kregel, 2005.

Warren, Robert. *Divorce and Remarriage: Policy Options and Guidelines for Church Leaders*. Bramcote, Notts: Grove, 1992.

Wright, H. Norman. *Marriage Counselling*. Ventura, CA: Regal, 1995.

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Ames S., Ed. *Ministry Society and Theology*. Bulleen, Victoria.

Beasley Murray P. *Ministry Today*. Richard Baxter Institute for Ministry, Surrey.

Carr, Wesley, ed. *The New Dictionary of Pastoral Studies*. London: SPCK, 2002.

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Strunk, Ed and Orb, eds. *Journal of Pastoral Care*. Journal of Pastoral Care Publications, Inc.

Useful Websites

www.pastornet.net.au

www.churchserve.com

www.soultsunami.com

www.saddleback.com

www.willowcreek.org

www.spreydon.org.nz

www.latimer.org.nz