

406.715 Historical and Contemporary Models of Spirituality
Course Outline

NQF Level 7
Credit Value: 15

DELIVERY MODE

Auckland and CDL

COURSE DESCRIPTION

This course explores a variety of significant traditions within Christian spirituality, including their biblical and historical origins, and considers their contribution to spiritual life in the contemporary world.

LEARNING OUTCOMES

By the end of this course, each student will have demonstrated their ability to:

1. Identify significant features of the historical context of the spiritual traditions studied;
2. Evaluate the strengths and weaknesses of a range of traditions of Christian spirituality, showing a depth of biblical and theological insight;
3. Demonstrate rigorous research skills in the study of one historical tradition of Christian spirituality, utilising a breadth of literature on the chosen tradition;
4. Make appropriate contemporary application of their chosen spiritual tradition;
5. Contribute to class discussion in a discerning and informed manner;
6. Reflect with appropriate self-awareness on their experience of suggested spiritual exercises.