

**406.615 Historical and Contemporary Models of Spirituality  
Course Outline**

NQF Level: 6  
Credit Value: 15

**DELIVERY MODE**

Auckland and CDL

**COURSE DESCRIPTION**

This course explores a variety of significant traditions within Christian spirituality, including their biblical and historical origins, and considers their contribution to spiritual life in the contemporary world.

**LEARNING OUTCOMES**

By the end of this course, each student will have demonstrated their ability to:

1. Identify significant features of the historical context of the spiritual traditions studied;
2. Evaluate the strengths and weaknesses of a range of traditions of Christian spirituality;
3. Research and discuss a significant aspect of one tradition of Christian spirituality;
4. Make appropriate contemporary application of their chosen spiritual tradition;
5. Contribute to class discussion in a discerning and informed manner;
6. Reflect with appropriate self-awareness on their experience of suggested spiritual exercises.