

# LIDLAW COLLEGE

*Te Wananga Amorangi*

## BACHELOR OF TEACHING (PRIMARY) & WORLDVIEW STUDIES

### **864.515 Health and Physical Education Course Outline**

NQF Level: 5  
Credit Value: 15

#### **DELIVERY MODE**

Auckland

#### **UNIT DESCRIPTION**

Well-being is both a personal and social responsibility that requires a deep sense of connection between individuals, communities, environments, the wider society and the Creator. Students will develop an understanding of the broad principles and key concepts that underpin the notion of Hauora (spiritual, emotional, mental and physical well-being). Such understanding will then be applied to the learning areas outlined in *the New Zealand Curriculum (2007)*.

#### **LEARNING OUTCOMES**

Students will be able to:

- a. demonstrate a robust personal understanding of a Christian worldview in Health and Physical Education (GTS 6a);
- b. discuss in depth the relationship between health, education and wider societal issues (GTS 4f) ;
- c. demonstrate a sound working knowledge of Health and Physical Education in the New Zealand Curriculum (2007) including an understanding of underlying concepts: Hauora, personal responsibility, respect for others and the environment, and social justice (GTS 1a,b,c; 2d);
- d. demonstrate a professional level of proficiency in teaching practical EOTC lessons (GTS 1 a, b, c; GTS 4 a, b, f)
- e. demonstrate a professional level of proficiency in teaching practical Physical Education lessons (GTS 1 a, b, c; GTS 4 a, b, f) .